25th Annual St. Paul's (Janesville) FLAMES Invitational Cross Country Meet September 9, 2005

Results posted at: www.spsflames.k12.wi.us

FINAL RESULTS

PLACE	TEAM	POINTS
1 st	ST. JOHN VIANNEY, JA NESVILLE	381
2 nd	Edison Middle School, Janesville	436
3 rd	St. William's, Janesville	565
4 th	St. Mary's, Janesville	570
5 th	St. Paul's, Lake Mills	617
6 th	St. Matthew's, Janesville	691
7 th	St. Paul's, Janesville	705
8 th	St. Peter's, South Beloit	723
9 th	OLA, Beloit	764
10 th	St. Matthew's, Oconomowoc	817
11 th	St. Patrick's, Janesville	851
12 th	Marshall Middle School, Janesville	916
13 th	St. John, Waterloo	948
14 th	Lebanon Lutheran, Lebanon	949
15 th	TSL, Watertown	953
16 th	St. Paul's, Ft. Atkinson	1011
17 th	St. Stephen's, Beaver Dam	1013
18 th	St. John's, Watertown	1052
19 th	Holy Cross, Madison	1070
20 th	Peace Lutheran, Sun Prairie	1135
21 st	Eastside, Madison	1141
22 nd	Our Redeemer, Madison	1198
23 rd	St. John's, Juneau	1159

Explanation: To determine TEAM POINTS for this meet, we took the first 3 runners for each school for each race and added up the numbers of each group. If a school did not have three runners for a particular race, they got one number higher than the last place person for that race. Grades with more runners pushed last places higher. This scoring method gives the slower runners for a school a feeling of being able to help their school win by adding to the total number even if they are not in the top 3 for their school. Each runner is rewarded with a certificate showing how well he or she did at the meet. NOTE: In each box on the FINAL TALLY SHEET, the # in the bottom right corner of each box is the running score for the meet.

FLAMES CROSS COUNTRY MEET RECORDS

Grade & Gender (Year)	<u>Name</u>	School	<u>Time</u>	<u>Dist.</u>
5 th Girls (2004)	Saige Lovell	St. Mary's, Janesville	6:47	1.0 mi.
5 th Boys (2004)	Russell Sandvold	St. Matthew's, Oconomowoc	5:49	1.0 mi.
6 th Girls (2004)	Alex Hein	St. Paul's, Lake Mills	6:41	1.0 mi.
6 th Boys (2005)	Russell Sandvold	St. Matthew's, Oconomowoc	5:53	1.0 mi.
7 th Girls (2005)	Alex Hein	St. Paul's, Lake Mills	6:17	1.0 mi.
8 th Girls (2003)	Katie Schommer	St. Paul's, Ft. Atkinson	6:11	1.0 mi.
7 th Boys (2005)	Hunter Weber	St. John, Waterloo	8:59	1.5 mi.
8 th Boys (2004)	Caleb Sandvold	St. Matthew's, Oconomowoc	8:57	1.5 mi.